Insert Paper Title Here

Student Name

Abilene Christian University Dallas

Title of Paper Here

This section remains untitled according to APA style, but serves as the introductory paragraph of the paper. Students should provide a brief introduction to the body of the paper.

**Literature Review on Systemic Change in Therapy**

In this section the student should review the literature on how change occurs in marriage and family therapy. The student should describe how the systemic change process works, and review the research about change in marriage and family therapy.

**Theoretical Considerations**

In this section, students should begin describing their MFT model and how the underlying theoretical tenets of the model inform their view of change and work with systems. For example, students who select Solution Focused Brief Therapy will find a social constructivist perspective central to their work.

**Philosophical, Theological, or Spiritual Considerations of Change**

In this section, the student will offer a sense of meaning to the paper. How does one offer a rationale from a theological or spiritual perspective? How does one’s philosophical ideology inform their practice of Marriage and Family Therapy? The student does not have to address all three, but can choose how to portray the meaning behind their viewpoint of change.

**Integrated Theory of Change**

Given the student’s explanation of change in the three preceding sections, the student should now present a cogent summary of how those pieces fit together to provide their personal theory of change.

**Case Application**

**Description of the relational system**

Students should include a brief, redacted description of the relational system including ages and gender of each participant in therapy. Additional examples of topics to cover in this paragraph are: number of sessions, constellation of therapy sessions, and pertinent contextual information such as occupations, chronic or acute illnesses, military deployment, racial and ethnic identity, or migration status.

**Assessment and Engagement**

Students should address how the system presented to therapy and the assessment tools used in the beginning stage of therapy. These tools should be congruent with the model of therapy utilized with the system.

**Interventions and Progression Through Therapy**

Students will describe and discuss the middle phase of therapy including the interventions used and how the system responded. The interventions should be congruent with the model of therapy utilized. For example, a student using Emotionally Focused Couples Therapy would likely not use a Structural Map.

**Ethical issues.**

Students should review the case and discuss all ethical issues, real and perceived. Students should provide an explanation for any decisions in treatment related to ethical dilemmas or concerns.

**Legal Issues.**

Students should review the case and discuss all legal issues, real and perceived. Students should provide an explanation for any decisions in treatment related to legal issues.

**Termination**

Students should discuss how the system terminated therapy and the outcome of sessions with an emphasis on theoretical conceptualization.

**Conclusion**

References

Salkil, S.E., Morris, J.P., Halstead, J.L., Jamieson, A.M. (2017). A successful Capstone:

Integrating theory and practice. *The ACU Dallas MFT Journal, 17(1),* 1-12.