

NAME \_\_\_\_\_ DATE \_\_\_\_\_

FILE # \_\_\_\_\_ CHECK ONE: \_\_\_\_\_ FATHER \_\_\_\_\_ MOTHER \_\_\_\_\_ SON \_\_\_\_\_ DAUGHTER AGE \_\_\_\_\_

**SELF-REPORT FAMILY INVENTORY: VERSION II**

For each question, mark the answer that best fits how you see your family now. If you feel that your answer is between two of the labeled numbers (the odd numbers), then choose the even number that is between them.

|  | YES:<br>Fits our family<br>very well |   | SOME:<br>Fits our family<br>some |   | NO:<br>Does not fit<br>our family |
|--|--------------------------------------|---|----------------------------------|---|-----------------------------------|
| 1. Family members pay attention to each other's feelings.                                  | 1                                    | 2 | 3                                | 4 | 5                                 |
| 2. Our family would rather do things together than with other people.                      | 1                                    | 2 | 3                                | 4 | 5                                 |
| 3. We all have a say in family plans.  | 1                                    | 2 | 3                                | 4 | 5                                 |
| 4. The grownups in this family understand and agree on family decisions.                   | 1                                    | 2 | 3                                | 4 | 5                                 |
| 5. Grownups in the family compete and fight with each other.                               | 1                                    | 2 | 3                                | 4 | 5                                 |
| 6. There is closeness in my family but each person is allowed to be special and different. | 1                                    | 2 | 3                                | 4 | 5                                 |
| 7. We accept each other's friends.   | 1                                    | 2 | 3                                | 4 | 5                                 |
| 8. There is confusion in our family because there is no leader.                            | 1                                    | 2 | 3                                | 4 | 5                                 |
| 9. Our family members touch and hug each other.  | 1                                    | 2 | 3                                | 4 | 5                                 |
| 10. Family members put each other down.  | 1                                    | 2 | 3                                | 4 | 5                                 |
| 11. We speak our minds, no matter what.  | 1                                    | 2 | 3                                | 4 | 5                                 |
| 12. In our home, we feel loved.  | 1                                    | 2 | 3                                | 4 | 5                                 |
| 13. Even when we feel close, our family is embarrassed to admit it.                        | 1                                    | 2 | 3                                | 4 | 5                                 |



29. We worry about hurting each other's feelings.
30. The mood in my family is usually sad and blue.
31. We argue a lot.
32. One person controls and leads our family.
33. My family is happy most of the time.
34. Each person takes responsibility for his/her behavior.

| YES:<br>Fits our family<br>very well | SOME:<br>Fits our family<br>some | NO:<br>Does not fit<br>our family |   |   |
|--------------------------------------|----------------------------------|-----------------------------------|---|---|
| 1                                    | 2                                | 3                                 | 4 | 5 |
| 1                                    | 2                                | 3                                 | 4 | 5 |
| 1                                    | 2                                | 3                                 | 4 | 5 |
| 1                                    | 2                                | 3                                 | 4 | 5 |
| 1                                    | 2                                | 3                                 | 4 | 5 |
| 1                                    | 2                                | 3                                 | 4 | 5 |

35. On a scale of 1 to 5, I would rate my family as:

1

2

3

4

5

My family functions very well together

My family does not function well together at all.

36. On a scale of 1 to 5, I would rate the independence in my family as:

1

2

3

4

5

(No one is independent. There are no open arguments. Family members rely on each other for satisfaction rather than on outsiders.)

(Sometimes independent. There are some disagreements. Family members find satisfaction both within and outside of the family.)

(Family members usually go their own way. Disagreements are open. Family members look outside of the family for satisfaction.)

## Self-Report Family Inventory (SFI) Score Sheet

For each numbered item, fill-in the score from the SFI. For the items **BOLDED**, reverse the score and enter the reversed score on the score sheet.

| Health/Competence | Cohesion        | Conflict        | Leadership     | Expressiveness  |
|-------------------|-----------------|-----------------|----------------|-----------------|
| 2 _____           | 2 _____         | <b>5</b> _____  | <b>8</b> _____ | 1 _____         |
| 3 _____           | 15 _____        | 6 _____         | 16 _____       | 9 _____         |
| 4 _____           | <b>19</b> _____ | 7 _____         | 32 _____       | <b>13</b> _____ |
| 6 _____           | <b>27</b> _____ | <b>8</b> _____  |                | 20 _____        |
| 12 _____          | 36 _____        | <b>10</b> _____ |                | 22 _____        |
| 15 _____          |                 | <b>14</b> _____ |                |                 |
| 16 _____          |                 | 16 _____        |                |                 |
| 17 _____          |                 | <b>24</b> _____ |                |                 |
| <b>18</b> _____   |                 | <b>25</b> _____ |                |                 |
| <b>19</b> _____   |                 | <b>30</b> _____ |                |                 |
| 20 _____          |                 | <b>31</b> _____ |                |                 |
| 21 _____          |                 | 34 _____        |                |                 |
| <b>24</b> _____   |                 |                 |                |                 |
| <b>25</b> _____   |                 |                 |                |                 |
| <b>27</b> _____   |                 |                 |                |                 |
| 28 _____          |                 |                 |                |                 |
| 33 _____          |                 |                 |                |                 |
| 35 _____          |                 |                 |                |                 |
| 36 _____          |                 |                 |                |                 |
| <b>SUM =</b>      | <b>SUM =</b>    | <b>SUM =</b>    | <b>SUM =</b>   | <b>SUM =</b>    |

For Interpretation: Plot the SFI scores on the diagram

1. **Family Competence:** Plot the Observation Competence Score Equivalent (OCSE) on the horizontal axis.
2. **Family Style:** Plot the SFI Scale Average on the vertical axis.

| H/C | OCSE | Cohesion | SFI Scale | Conflict | Leadership | Expressiveness |
|-----|------|----------|-----------|----------|------------|----------------|
| 95  | 10   | 25       | 5         | 60       | 15         | 25             |
| 90  |      |          |           | 57       |            | 24             |
| 86  | 9    |          | 4.5       | 54       |            | 23             |
| 81  |      |          |           | 51       |            | 21             |
| 76  | 8    | 20       | 4         | 48       | 12         | 20             |
| 71  |      |          |           | 45       |            | 19             |
| 67  | 7    |          | 3.5       | 42       |            | 18             |
| 62  |      |          |           | 39       |            | 16             |
| 57  | 6    | 15       | 3         | 36       | 9          | 15             |
| 52  |      |          |           | 33       |            | 14             |
| 48  | 5    |          | 2.5       | 30       |            | 13             |
| 43  |      |          |           | 27       |            | 11             |
| 38  | 4    | 10       | 2         | 24       | 6          | 10             |
| 33  |      |          |           | 21       |            | 9              |
| 29  | 3    |          | 1.5       | 18       |            | 8              |
| 24  |      |          |           | 15       |            | 6              |
| 19  | 2    | 5        | 1         | 12       | 3          | 5              |

# Diagram of Family Assessment Schema

## HEALTH/COMPETENCE DIMENSION

